

LOCAL GYMS & FITNESS CLUBS

While we upgrade our Fitness Center, check out these great workout spots nearby!

Zoo Health Fitness Lantana 1.4 miles

- Cardio machines, free weights, and resistance training equipment
- Yoga, Pilates, and zumba fitness classes
- Functional training areas for strength, endurance, and flexibility

**\$15 a day
\$40 a week**

Crunch Fitness Lantana 5.7 miles

- Cardio and resistance machines, free weights, and functional training zones
- HIIT, Zumba, pilates, and cycling fitness classes
- Spacious workout floor for solo or group exercise

**\$15 a day
\$35 a week**

EōS Fitness Boynton Beach 5.9 miles

- Cardio machines, strength training equipment, and functional training zones
- Zumba, barre, and pilates fitness classes
- Recovery massage chairs and hydromassage beds

\$20 a day

Orangetheory Lake Worth 7.1 miles

- Rowers, treadmills, and free weights
- Coach-led, interval-based group workouts
- Real-time heart rate tracking

**\$28 a class
call to schedule**

Vault Fitness West Palm Beach 9.8 miles

- Equipment for strength, conditioning, and functional training
- Barre, cycle, Pilates, HIIT, and hot yoga fitness classes
- Open spaces for personalized workouts

**\$30 a class
call to schedule
or book online**

Amped Fitness Signature West Palm Beach 10.1 miles

- Free weights, training rigs, cardio equipment, and a pickle ball court
- HIIT, boot camps, strength training, and group fitness classes
- Spa-inspired sauna amenities

**\$50 a day
\$100 a week**



EAU PALM BEACH
Resort & Spa